

Wellbeing Natural Therapies

Booking & Appointment Policy

Appointments

All appointments are reserved exclusively for you.

All new clients begin with a 90 minute Initial Consultation.

Following assessment, appropriate next steps will be discussed.

Payment

Payment is due at the time of booking unless otherwise agreed.

Series and Reset bookings must be paid in full to secure your sessions.

Cancellations & Rescheduling

A minimum of 48 hours' notice is required to cancel or reschedule an appointment.

Appointments cancelled with less than 48 hours' notice will be charged in full.

If you arrive late, your session will end at the scheduled time.

Package & Series Bookings

Reset and structured series bookings are paid in full at the time of purchase.

All sessions within a package must be used within 4 months of the first appointment unless otherwise agreed in writing.

Unused sessions after this period are non-refundable.

Sessions cancelled with less than 48 hours' notice within a package will be counted as used.

Completion & Maintenance

Structured work is designed to have a clear beginning, middle and end.

Following completion of a Reset or series, clients may choose maintenance sessions or return as needed.

Disclaimer

Therapeutic sessions are intended to support wellbeing and nervous system regulation.

They are not a substitute for medical advice, diagnosis or treatment.

Clients are responsible for consulting their GP or appropriate healthcare provider regarding any medical concerns.

Outcomes vary between individuals and participation in the process is voluntary.